





### Fresh Fruit and Vegetable Bar Served Daily!



**Traditional Cuisine** is the concept that offers traditional classics with a healthy twist. Our daily featured entrees are:

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Monday	BBQ Chicken
Tuesday	Beef Ravioli in Meat Sauce
Wednesday	Oven Roasted Chicken
Thursday	Salisbury Steak
Friday	Rotisserie Chicken





**Luigi's Eatery** features Classic Italian Cuisine. Our daily featured entrees are:

Monday	Veggie Pizza
Tuesday	Pepperoni Pizza
Wednesday	Sausage Pizza
Thursday	Deluxe Pizza
Friday	Pepperoni Pizza



**Ballpark Classics** features grilled American favorites. Our daily featured entrees are:

Monday	Spicy Chicken Sandwich
Tuesday	Hamburger
Wednesday	Cheeseburger
Thursday	Oven Baked Potatoes
Friday	Cheeseburgers



**Red Dragon** features Asian foods with whole grain pasta and brown rice. Our daily featured entrees are:

Monday	Orange Chicken
Tuesday	Teriyaki Chicken
Wednesday	Beef Stir Fry
Thursday	Asian Chicken w/ Brown Rice
Friday	Sweet-n-Sour Chicken



Adobe Grill features our traditional Native American and Hispanic Cuisine. Our daily featured entrees are:

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Monday	Tacos	
Tuesday	Burritos	
Wednesday	Tostadas	
Thursday	Nachos	
Friday	Taco Salad	



**Gourmet Greens** features our entrée salads that are made daily from fresh ingredients. Our daily featured entrees are:

Monday	Chef Salad		
Tuesday	Chicken Caesar Salad		
Wednesday	Teriyaki Chicken Salad		
Thursday	Southwest Chicken Salad		
Friday	Hawaiian Chicken Salad		

Food Service Director :: Tina Byrnes :: Email :: tina.byrnes@centerisd.org :: Phone ::936-598-1599

#### Secondary Lunch & Breakfast Menu Meal Prices

Paid Lunch\$0.00	Paid Breakfast\$0.00	
Reduced Lunch\$0.00	Reduced Breakfast\$0.00	
Staff/Adult Lunch\$0.00	Staff/Adult Breakfast\$0.00	Milk\$0.00



#### **PUTTING CHILD NUTRITION FIRST!**

Due to our constant pursuit of excellence SFE will enhance our menus through students' feedback, surveys, parent meetings, recipe development and market trends.



# Break Center High School



## Fresh Fruit and Juice Bar Served Daily!

Monday	Tuesday	Wednesday	Thursday	Friday
1-	2-	3-	4-	5-
8-	9-	10-	11-	12-
15-	16-	17-	18-	19-
22- Sausage Bagel Pizza Assorted Low Sugar Cereal	23- French Toast Sticks Assorted Low Sugar Cereal	24- Biscuit&Gravy w/Sausage Assorted Low Sugar Cereal	25-Mini Blueberry Pancakes Assorted Low Sugar Cereal	26-Sausage&Cheese Croissant Assorted Low Sugar Cereal
29-Ham & Cheese Biscuit Assorted Low Sugar Cereal	30-Whole Grain Pancakes Assorted Low Sugar Cereal	31-Chicken Biscuit Assorted Low Sugar Cereal	Turn in your completed Lunch application by Sept. 16 <sup>th</sup> for a chance To win the GRAND PRIZE!!!	FREE & REDUCED MEAL APPLICATION

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#### High School Lunch & Breakfast Menu Meal Prices

Paid Lunch\$2.70	Paid Breakfast\$1.25		
Reduced Lunch\$0.40	Reduced Breakfast\$0.30		
Staff/Adult Lunch\$3.50	Staff/Adult Breakfast\$1.75	Milk\$0.50	

# Center High School



### Fresh Fruit and Juice Bar Served Daily!

	Monday	Tuesday	Wednesday	Thursday	Friday
1-	2-	3-	4-	5-	
8-	9-	10-	11-	12-	
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15-	16-	17-	18-	19-	

22- Panini Bar Chicken Nuggets w/Roll Orange Chicken w/Rice Spaghetti w/Meatballs Beef Fingers Fresh Fruit & Vegetable Bar Variety of Milk

29-Panini Bar Philly Cheesesteak Cheesy Chili Mac Garlic Chili Chicken w/Rice Large Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk 23-Panini Bar Oven Roasted Chicken w/Roll Green Chili Chicken Enchiladas Creamy Chicken Alfredo Meatball Sub Fresh Fruit & Vegetable Bar Variety of Milk

30-Panini Bar

Pepperoni Pizza

Sausage Calzone

Variety of Milk

Spicy Chicken Sandwich

Fresh Fruit & Vegetable Bar

Bistro Bowl

Bistro Bowl
Buffalo Chicken Pizza
Spicy Chicken Sandwich
Bacon Cheeseburger
Fresh Fruit & Vegetable Bar
Variety of Milk

24-Panini Bar

31-Panini Bar Cheesy Chicken Quesadilla Spaghetti w/Meatsauce Spicy Chicken Sandwich Spicy Chicken Tenders Fresh Fruit & Vegetable Bar Variety of Milk 25-Panini Bar
Classic Stackers
Mozzarella & Cheddar Pizza
Cheesy Chicken Quesadilla
Pepperoni Pizza
Fresh Fruit & Vegetable Bar
Variety of Milk

Turn in your completed Lunch application by Jept. 16<sup>th</sup> for a chance To win the GRAND PRIZE!!! 26-Panini Bar Nacho Bar Popcorn Chicken w/Roll Chili Cheese Baked Potato Chicken Fried Steak Sandwich Fresh Fruit & Vegetable Bar Variety of Milk



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